

Regina

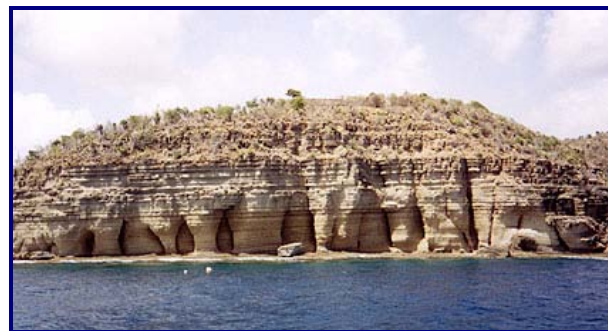
CARIBBEAN CRUISES

Antigua – St. Martin

DAY 1: Board Regina in the historical **Antigua**. Nelson's Dockyard in English Harbor is probably the prettiest piece of living history in the Caribbean today. Once the base for Admiral Horatio Nelson's fleet in the 18th Century, it is now a popular destination for super yachts and cruisers alike. Guests can visit the many shops and museums in the dockyard before heading off to **Green Island**. Venture ashore to the beautiful Harmony Hall for a late lunch and a visit to the Art Gallery and gift store here. Alternatively, if you board on a Sunday, a visit up to Shirley Heights is a must; the views of Monseratt and Guadeloupe on a clear day are spectacular and a traditional 'Jump up' with steel bands is the favorite entertainment for Sunday afternoons. For those who enjoy a little casino nightlife, take a taxi to the St James Club. Stay at Green Island overnight.



Nelson's Dockyard



Rock formation off Antigua

DAY 2: After breakfast cruise to **Montserrat**. Coined the 'Emerald Isle of the Caribbean' by Columbus because of its lush, mountainous landscape, today this island is a British Crown Colony, populated by English-speaking citizens of Irish heritage. The eruption of Soufriere Hills Volcano in the south of the island has led to the evacuation and relocation of residents beyond the Exclusion Zone. This part of Montserrat is dangerous and is also illegal to enter. However, closely steaming by can provide a very interesting glimpse of recent volcanic action and lava flows. Enjoy an evening with dinner on board.



Sunset & Garibaldi Hill, Monseratt

DAY 3: Start your day with a swim before sailing to **Nevis**, an island jewel approximately 7 miles long and 5 miles wide, with natural vegetation that is unparalleled. From the top of the 3,232-foot Nevis Peak to the depths of the clear waters offshore, there is a world of flora and fauna to be explored. In the hills, the comical green vervet monkeys chatter and scamper. Visit the beautiful botanical gardens or the wedding site of **Horatio Nelson**.



Converted Sugar Mill Suites, Nevis

DAY 4: Enjoy a tropical breakfast before sailing to **St Kitts**. Positioned with her sister island **Nevis**, between Montserrat and St. Eustatius, St. Kitts' is an island of varied terrain from volcanic peaks covered with lush green vegetation (usually hidden by the huge mists that circle it), rolling sugar cane fields, to the arid, undeveloped southeast peninsula with its sandy coves. Before heading out to view the island, which still maintains its French and British flavor, a trip around the capital will show the Circus, Independence Square, the market, St Georges Church and Caribelle Batik Factory. Enjoy a ride to see Brimstone Hill, a fort built in 1690 on the peak of a sulfuric prominence, known as the Gibraltar of the West Indies. The rainforests are largely unspoiled, mostly due to their lack of developed roads. Hike into nature at Mt. Liamuiga from either Harris or Belmont Estate. A guide is helpful for the trek through the orchid-flecked forest to the lip of the volcanic peak at about 2,000 feet. Don't forget to take High Tea at the Golden Lemon. Overnight stay back on Nevis.



DAY 5: Saba is only 5 square miles, but is definitely worth visiting. Take a taxi up to Mt Scenery. At a height of 2855ft, it's 6.5 miles of zigzag road. Enjoy views of banana plantations, oleander bushes and stunning ocean views. Visit the many little shops in the village surrounded by clover and lemon grass. Look out for Saba Lace and Spices. There is excellent diving around the deep waters here. Enjoy dinner ashore or on the elegant dining area of the aft deck.



Saba and Diamond Rock and Torrens Point

DAY 5: In the morning, cruise to the St. Tropez of the Caribbean, **St. Bart's**, and dock in the port of Gustavia. Café's, fine shops, exclusive wine stores, galleries and unique boutiques line this harbor. A regular hangout for celebrities, you might happen upon an impromptu concert by Jimmy Buffett at LeSelect. Nightlife abounds in St Barts, so pace yourself with a nap. Hotel Carl Gustaf offers stunning sunset views. Stay overnight here.



Port of Gustavia, St. Bart's

DAY 6: Anguilla sports one chic beach after another. Snorkel off beautiful reefs in sight of sea turtles and shy rays. Sample the world-class resorts of Cap Jaluca or Malliouhana, and then relax in the seclusion of Mead's or Barnes Bay. Enjoy a relaxing dinner on board.



ANGUILLA AND MALLIOUHANA

DAY 7: Arrive in **Saint Martin/Sint Maarten**. Explore the quintessential French town of **Marigot** for a shopping spree in fantastic shops and boutiques. Under a starlit sky, indulge in a sumptuous dinner on board or dine ashore at one of the many quaint Caribbean style restaurants.



SIMPSON BAY, ST MAARTEN

In the morning enjoy sightseeing at Market Square, the ruins of **Fort St Louis** or the **Musee de Saint-Martin**, which showcases the indigenous and colonial history of the island. Disembark in St. Martin.

